

Stocking Your RV

Your RV rental includes all the basic housekeeping items, so it will be stocked with pots and pans, plates, bowls, coffee pot, utensils, towels and bed linens (sheets, pillows, towels, and blankets.) The list below contains additional items you may want to either bring from home or pick up when you are stocking the RV on your first day.

- **Tupperware/ Ziplocks** (for leftovers)
- **Paper Towels & Napkins**
- **Toilet Paper**
- **Plastic Ware**
- **Paper plates, bowls and extra cups**
- **Trash Bags**
- **Plastic wrap/ Tinfoil**
- **Charcoal** (for BBQ)
- **Plastic Table Cloth** (for campground tables)
- **Laundry Detergent**
- **Matches/ Lighters/ Fire starters** (long handled is best for campfires)
- **Scrub/ Brillo pad**
- **Toilet Paper**
- **Dish and/or Hand Soap**
- **Aluminum Pans** (for baking, casseroles and marinating meat)
- **Skewers /Grill Forks / Roasting sticks** (for marshmallows and hot dogs)
- **Duraflame logs** (clean, last for hours, easier to carry than firewood)
- **Gloves** (both work gloves and disposable gloves)
- **Hand Sanitizer**



DON'T FORGET THE SKEWERS

Be sure to pack skewers, grill forks or roasting sticks for marshmallows, kabobs or hot dogs.



VARIETY OF SNACKS

It is a good idea to keep a variety of goodies on hand for afternoon snacks.

Kids enjoy picking out their own assortment in the morning, putting it in a baggie, and nibbling on it throughout the day.

It also gives us leverage when coaxing them to hike another few minutes to that beautiful overlook where we'll rest and enjoy our treats. It doesn't hurt to have a "surprise treat" stashed away in your day pack either.

Sample Grocery List

- **Bottled Water**
- **Fruit Juice / Drink Mixes / Soda**
- **Coffee / Tea**
- **Hot Chocolate**
- **Salt and Pepper**
- **Garlic Salt / Onion Salt** (favorite seasonings)
- **Sloppy Joe / Taco Seasoning**
- **Sugar or Sugar Substitute**
- **Vanilla / Cinnamon** (if you plan to bake)
- **Maple Syrup / Honey**
- **Oatmeal** (individual packets are quick and easy)
- **Dry Cereal / Granola**
- **Pancake Mix**
- **Bread / Pitas / Wraps** (for sandwiches)
- **French Bread** (a good side, or for French toast)
- **Tortillas** (versatile and great in place of bread)
- **English Muffins / Bagels**
- **Crackers**
- **Chips** (variety and tortilla)
- **Cookies / Graham Crackers**
- **Marshmallows** (not mini's, for s'mores)
- **Snack-Size Desserts** (like pudding or Jello)
- **Trail Mix** (pre-made or from bulk)
- **Ketchup, Mayo, Mustard**
- **Peanut Butter and Jelly Jam**
- **Favorite Salad Dressing / Veggie Dip**
- **Salsa**
- **Hummus**
- **Relish / Pickles**
- **Hamburgers and Hotdogs** (and Buns)
- **Grill Meats** (steak, chicken, fish, etc)
- **Ground Beef** (for burgers, buy preformed or patties, or Sloppy Joes)
- **Lunch Meat** (ham, turkey, roast beef, etc)
- **Sausage / Bacon** (links can be cooked on a sticker over the campfire)
- **Rotisserie Chicken** (makes a great inner and then use what's left for sandwiches)
- **Canned Tuna or Chicken** (the pre-made individual packs are good if you're hiking)
- **Cheese** (sliced and grated, parmesan for pasta meals)
- **Cream Cheese**
- **Yogurt / Cottage Cheese** (healthy snack or breakfast, containers can be used for leftovers)
- **Sour Cream**
- **Milk / Cream** (for cereal and coffee / tea)
- **Eggs / Egg Substitute** (hard boiled eggs make a great snack)
- **Fresh and Canned Fruits** (applesauce)
- **Fresh and Canned Vegetables** (bagged mini carrots for a snack, salad or cooked)
- **Pre-Washed, Bagged Salad Greens**
- **Pre-Made Potato Salad, Coleslaw** (use as side dishes)
- **Potatoes / Rice**
- **Canned Soup, Stew, or Chili** (a quick, easy meal served with bread and / or salad)
- **Baked Beans, Pinto or Refried**
- **Pasta and Sauce**

Sample Meals

The best meals in your RV are no fuss meals that are also easy to clean up. Use this list to help you plan for your meals while you are on the road.

Breakfasts

- ✓ **Hash browns:** Can buy these at the store and store in your RV fridge
- ✓ **Breakfast Burritos**
- ✓ **Pancakes and Bacon**
- ✓ **Oatmeal or Grits:** Come in individual packages. Spice them up with dried fruit and nuts
- ✓ **Yogurt and Granola**
- ✓ **Bagels and Cream Cheese:** Toast the bagels on a grill or pan on your oven

Lunch

- ✓ **Peanut Butter and Jelly** (or PB and Banana and Honey)
- ✓ **Deli Sandwiches:** Cheese, Meat, Veggies and Condiments
- ✓ **Dippables:** veggies and crackers dipped in hummus, dressing and dips
- ✓ **Wraps:** BBQ Chicken or Cesar Salad Wraps
- ✓ **Pizza Bagels:** Add sauce, cheese and any topping
- ✓ **Dinner Leftovers:** A great perk of RV travel is you always have a fridge with you!

Snacks

- ✓ **Tortilla Chips and Salsa**
- ✓ **Granola Bars / Energy Bars**
- ✓ **Beef / Turkey Jerky**
- ✓ **Fresh Fruit** (Apples and Oranges pack best)
- ✓ **Dried Fruit**
- ✓ **Cheese and Crackers** (string cheese also packs well)
- ✓ **Trail Mix:** Pre-mixed or made with using bulk items
- ✓ **Candy** (as a special treat)
- ✓ **Microwave Popcorn**



OMLETS ARE VERSATILE AND EASY

You can spice them up with any little bits of meat, vegetables, cooked potatoes, cheese, sour cream, salsa – use your imagination.

They can be eaten for breakfast, lunch, or even a light dinner.



POTATOES

Potatoes can be cooked on the grill at your campsite or even in your campfire.

Peel and slice raw potatoes, add butter or oil, sliced onion, salt and pepper. Seal tightly in aluminum foil, tuck into the hot coals – but not directly over the flame.



EASY TREATS

Some grocery stores sell brownies, cakes, and cookies that come in their own pan, ready to pop in the oven.

These make great treats for the evening in the RV.

Dinner

- ✓ **Quesadillas:** Tortillas, Cheese, Salsa and other fillings. Easy to cook on your RV stove
- ✓ **Burritos:** Include all the normal fixings (beans, cheese, meat, rice, etc.) You can use the left overs for Breakfast burritos or omelets
- ✓ **Grilled Cheese and Tomato Soup:** Try adding tomato and ham to the sandwich to spice things up
- ✓ **Hamburgers and Hot Dogs:** Go for an old fashioned grill out
- ✓ **BBQ Chicken and Corn:** Another great meal for the campsite grill
- ✓ **Pasta and Garlic Bread:** Choose a noodle like rotini, penne, or farfalle, which are smaller than spaghetti noodles. Cook extra and use later for a cold pasta salad
- ✓ **Salad in a Bag:** Comes with dressing and fixings
- ✓ **Grilled Shish Kabobs:** Great with a side of pre-made pasta or potato salad
- ✓ **Easy Sides:** Minute Rice, Pre-made pasta salad, Baked potatoes, etc.
- ✓ **Lasagna:** Buy a pre-made lasagna in its own pan. Makes for easy meal and cleanup

Desserts

- ✓ **S'mores:** refer to our Campfire section on the variety of S'mores
- ✓ **Cookies:** Already packaged or dough to pop in your RV oven
- ✓ **Strawberry Shortcake:** Buy strawberries, pre-made pound cake and a can of whipped cream
- ✓ **Banana Boats:** Slice a banana length wise, stuff with chocolate chips, peanut butter, nuts, etc. Wrap in tin foil and stick on the grill for a few minutes
- ✓ **Campfire Cones:** Buy empty ice cream cones. Fill them similarly to a Banana Boat. Cover them with tin foil and grill them for a few minutes.
- ✓ **Roasted Cinnamon Rolls:** Buy pre-made cinnamon rolls and wrap the dough around a stick. Cook them over the campfire and you have a fresh dessert